**Thank you for showing an interest in volunteering for Mid and North East Essex Mind**

Please complete the details on this form and return it to: [volunteers@mnessexmind.org](mailto:volunteers@mnessexmind.org) OR please call 01206 764600 if you need assistance.

|  |  |
| --- | --- |
| **Full Name:** |  |
| **Full address, Including postcode** |  |
| **Contact telephone number:** |  |
| **Email address:** |  |
| **Are you happy for us to leave a voicemail message on your phone?** |  |
| **Do you have any preferences about how we contact you?** |  |
| **Are you over 18?** |  |
| **How did you hear about volunteering with Mid and North East Essex Mind?** |  |

**Why do you want to Volunteer for Mid and North East Essex Mind?** Please tick all that apply:

|  |  |
| --- | --- |
| Give back to the community |  |
| Give back to mental health services specifically |  |
| Gain Skills and Experience |  |
| Meet people |  |
| Raise awareness of mental health services available |  |
| Raise money for a good case |  |
| Other (provide further detail below): |  |

**About your availability.** How much time do you have available to volunteer for us? Please tick all that apply:

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Ad hoc events** – occasional events throughout the year (Events role) | | | | | | | |  |
| **Regular events** – i.e. 1 or 2 per month (Events / Engagement role) | | | | | | | |  |
| **Regular Hours** (tick hours available below) (Admin, Events and engagement role) | | | | | | | | |
|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
| Morning |  |  |  |  |  |  |  | |
| Afternoon |  |  |  |  |  |  |  | |
| Evening |  |  |  |  |  |  |  | |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Which areas you are able to volunteer in (please tick all that apply)?** | | | | | |
| Colchester |  | Clacton |  | Harwich |  |
| Braintree |  | Maldon |  |  |  |

|  |  |  |
| --- | --- | --- |
| **Do you hold a current and valid UK driving license and have access to the use of a vehicle (please delete as appropriate)?** | **Yes** | **No** |

**Do you have any skills/experience that you can use when volunteering for Mid and North East Essex Mind?**

Please tick all of the following that apply:

|  |  |  |  |
| --- | --- | --- | --- |
| **Type** | | **Examples or levels of experience** | |
| Administration | |  | |
| Marketing | |  | |
| Event organisation | |  | |
| Public speaking | |  | |
| Lived Experience (please state) | |  | |
| Other (provide further detail below): | | | |
| **What role are you interested in (please tick all that apply)?** | | | | |
| **Admin**  (based in Colchester office) | **Events** | | **Engagement** | |

**Please provide details below of two referees who you have known for longer than one year.  Referees must not be provided by a relative or anyone sharing your home.**

|  |  |  |
| --- | --- | --- |
|  | **Referee 1** | **Referee 2** |
| **Name** |  |  |
| **Telephone** |  |  |
| **Email** |  |  |

I declare that the information on this form is correct to the best of my knowledge:

|  |  |  |  |
| --- | --- | --- | --- |
| **Sign** |  | **Date** |  |

**What happens next.**

We will contact you to confirm if you have been selected to meet the team to discuss suitable volunteering opportunities with a colleague from the team you would be volunteering in, along with a member of the People and Culture team. Please do let us know if you need any reasonable adjustments for interview.

**We are committed to keeping your data safe**

This form will only be available to those involved in volunteer recruitment. Please see <https://mnessexmind.org/about-us/your-data-and-how-we-use-it/> to read our Privacy Statement or get in touch for a paper copy.