

Title of Post	Project Worker X2 Fulltime (37 hours) - Limerick
Location	Southill, Limerick
Employment Type	Post 1: Permanent Post 2: Specific Purpose temporary estimate to end July 2027
Salary	€37,498 - €57,961 Depending on Experience
Contact Person	Evelyn / Sheila Tel.: 061-493587 / info@southill.barnardos.ie
Closing Date	Thursday 26 th February 2026
Interview Date	TBC

Limerick South Family Support service

Barnardos offers direct support, information, and advice to children and young people (aged 0-18 years) and their parents/carers across Limerick City and County from our base in Southill.

Our goal is to support children's learning, development, and emotional well-being in a trauma informed way, by working in partnership with families and the wider community.

We respond to individual child and family circumstances by assessing children's needs and tailoring a package of support that considers the family's views and recognises families' strengths.

We provide the following types of supports for example;

- Parenting programmes,
- Practical support to help parents and carers develop better home management routines,
- Family and parent/child work to strengthen communication and repair relationships,
- Individual work with children and young people e.g. helping expressing feelings
- And supporting ways to learn positive coping skills and how to support wellbeing and emotional regulation.
- Targeted groupwork programmes are also offered to children and parents on a range of themes such as regulation, social skills, loss, parenting skills etc. when these needs emerge within the local communities.

We receive referrals and work in partnership with schools and agencies in the community.

Project Worker

Job Description

Post:	Project Worker
Location:	Barnardos Family Support Service, Southill Limerick South
Responsible to:	Project Leader
Works with:	Project Leader, Project staff, External agencies as appropriate and Children and families accessing Barnardos services.

Job purpose

To develop and implement programmes that respond to the needs of children and families referred to the service working in partnership with families and other organisational, community and voluntary bodies.

Core Job Requirements

- Assess the needs of the children and the families engaging with the projects.
- Plan, implement and review programmes for children/young people/carers/families based on an assessment of their individual and group needs. This includes direct work through key working, group sessions, outreach, and centre-based activities, as well as advocacy at both individual and group level.
- To be vigilant for signs of physical, sexual and emotional abuse, neglect and any concerns regarding the welfare of children. To record concerns promptly and accurately. To consult with the Designated Person and take appropriate action in accordance with Barnardos Child Protection policy.
- Work directly with children, young people, carers, and families through a range of approaches—including individual, group, family, centre-based, and outreach work—providing key working support where appropriate and advocating on their behalf to meet identified needs.
- Liaise effectively with families and other statutory, community and voluntary bodies and to attend and contribute to reviews and case conferences as required.
- Work in partnership with other Barnardos services to best meet the needs of children and families by collaborating resources with planned interventions targeting groups/families of shared need.
- Maintain accurate and up-to-date records of all aspects of work, including the collection of statistical data, preparation of reports, and administration of relevant databases, in line with service requirements
- Identify and document to the line manager any unmet needs of children/young people/ carers / families within the service and to participate in the advocacy work of the agency.

Note: This Job Description will be reviewed and updated in line with the needs of the work.

Project Worker

Person Specification

Personal Attributes

- Commitment to the delivery of quality services to children, young people, families and carers.
- Ability to act on own initiative and consult where appropriate.
- Ability to work under pressure, make decisions in consultation with the line manager when appropriate.
- To be committed to adhering to best practice in the work and be innovative and open to change
- Flexibility and adaptability are essential for this post.
- Ability to form objective relationships with children, young people, families/carers, colleagues and other agencies.

Experience

- A minimum of 2 years' experience of working with vulnerable children and families.
 - At least 1 year experience post-qualification
 - Up to 1 year pre-qualification relevant experience may be considered
- Experience of working in partnership with families and carers.

- Experience of planning, implementing and reviewing programmes with children and/or families.

Qualifications

A recognised 3rd level practice qualification¹ (minimum Level 7 on the QQI) in one of the following:

Early Childhood Care and Education / Social Care / Education / Social Work
Youth Work Or related discipline (Nursing, Psychology, Early Years Education).

A full driving licence and access to the use of a suitably insured car is essential.

The post-holder is initially assigned to work in the Limerick South service but may be required in the future to work in other project(s) in the Limerick area in line with Organisational needs.

Barnardos is an equal opportunity employer.

We celebrate diversity and are committed to creating an inclusive environment for all.

¹ Course content should include relevant student placements