

<b>Title of Post</b>	<b>Project Worker</b>
<b>Location</b>	Mulhuddart, Dublin 15
<b>Employment Type</b>	Full-Time (37 Hours) & Fixed Term Contract to end 31 December 2026
<b>Salary</b>	€37,498 - €57,961 Depending on Experience
<b>Contact Person</b>	Joan Dunne on 018204033 / joan.dunne@barnardos.ie
<b>Closing Date</b>	12pm on Tuesday 24 January 2026
<b>Interview Date</b>	To be confirmed

**Project:** Child and Family Service Mulhuddart  
**Address/Location:** Church Road, Mulhuddart, Dublin 15  
**Telephone:** 01-8204033

Barnardos provide a combination of Family Support and Initial Child Protection Assessment work on behalf of our funders e.g. Tusla

Project Workers undertake Initial Assessments in partnership with Tusla using the Signs of Safety Approach. Signs of Safety is the national child-centered approach for child protection and welfare. Barnardos' assessments are aligned with this model, which is grounded in partnership and collaboration with children, families and their wider networks of support.

Project workers offer a variety of family support interventions for children and families. Families may self-refer to the service or may be referred by community organisations, schools and health care professionals. Barnardos work has a therapeutic focus and is based on the individual child's assessed needs.

Types of Barnardos trauma-informed intervention practice work includes for example:

- **Partnership with Parents** - a one to one home-based parenting programme tailored to meet the needs of parents and their children. The programme focuses on parenting skills and child-parent relationships in order to make positive changes in the home.
- **Sensory Attachment Intervention (SAI)** - an integrative approach which supports children and adults who have experienced trauma and adversity. The SAI approach recognises the need to establish regulation of the arousal states e.g. fight, flight, freeze, dissociation. These changes can be achieved by adjusting environments and daily routines to include a combination of up and down regulating activities which support individuals to find their 'just right state' (Éadaoin Bhreathnach, 2021).
- **This Is Me** - an evidence-based programme designed to guide interventions in working with children and the important people in their lives. In order to help children understand and express their feelings, self-regulate, and manage their own behaviour.

- **Family Work** – Holistic approach supporting whole family functioning, to enhance family strengths to reduce conflict and improve communication and relationships.
- **Individual Work**, which is an evidence-based, tailored intervention working with children in conjunction with the important people in their lives. Its purpose is to build resilience and help children to understand and express their feelings and manage their own behaviour.
- Using evidenced based **group work** programmes with parents and children.
- Inter-agency and collaborative working, with Tusla, including participation in the delivery of Meitheal, schools and community organisations.

Our teams work in partnership with and promotes inter-agency collaboration to ensure positive outcomes for children and their parents. We work closely with the social work teams, the voluntary / community services, PHN, Gardai and Tusla Prevention Partnership and Family Support Services.

## **Project Worker**

### **Job Description**

<b>Post:</b>	Project Worker
<b>Location:</b>	Barnardos Child and Family Service Dublin 15
<b>Responsible to:</b>	Project Leader
<b>Works with:</b>	Barnardos staff, external, voluntary and community partners and service users

### **Job purpose**

To develop and implement programmes that respond to the needs of children and families referred to the service working in partnership with families and other organisations, community and voluntary bodies.

To conduct Initial Assessments on low –medium risk referrals received from Tusla social work department using the Signs of Safety approach to child protection and welfare concerns.

### **Core Job Requirements**

- Assess the needs of the children and the families engaging with the projects.
- Plan, implement and review programmes for children/young people/carers/families based on an assessment of their individual and group needs. This includes direct work through key working, group sessions, outreach, and centre-based activities, as well as advocacy at both individual and group level.
- To be vigilant for signs of physical, sexual and emotional abuse, neglect and any concerns regarding the welfare of children. To record concerns promptly and accurately. To consult

with the Designated Person and take appropriate action in accordance with Barnardos Child Protection policy.

- Work directly with children, young people, carers, and families through a range of approaches—including individual, group, family, centre-based, and outreach work—providing key working support where appropriate and advocating on their behalf to meet identified needs.
- Liaise effectively with families and other statutory, community and voluntary bodies and to attend and contribute to reviews and case conferences as required.
- Work in partnership with other Barnardos services to best meet the needs of children and families by collaborating resources with planned interventions targeting groups/families of shared need.
- Maintain accurate and up-to-date records of all aspects of work, including the collection of statistical data, preparation of reports, and administration of relevant databases, in line with service requirements
- Identify and document to the line manager any unmet needs of children/young people/ carers / families within the service and to participate in the advocacy work of the agency.

### **Requirements Specific to this Post**

- To undertake initial family assessments using the signs of safety framework on child welfare and protection referrals made to TUSLA social work department.
- Following Initial Assessment assessments, to provide short-term interventions to families where appropriate to the needs.
- To attend regular Signs of Safety Group Supervision
- To participate in interagency group consultation meetings on complex family referrals and assessments.
- To provide comprehensive assessment reports, complete TUSLA business processes and input all records electronically.
- To participate in any briefing and training relevant to the role e.g. Signs of Safety, and Barnardos specific training regarding interventions for families.
- To provide family support services (group and individual supports) to children in the age range of 0-18 years of age and their families.

**Note:** This Job Description will be reviewed and updated in line with the needs of the work

## **Project Worker**

### **Person Specification**

#### **Personal Attributes**

- Commitment to the delivery of quality services to children, young people, families and carers.
- Ability to act on own initiative and consult where appropriate.
- Ability to work under pressure, make decisions in consultation with the line manager when appropriate.
- To be committed to adhering to best practice in the work and be innovative and open to change.
- Flexibility and adaptability are essential for this post.

- Ability to form objective relationships with children, young people, families/carers, colleagues and other agencies.

### **Experience**

A minimum of 2 years' experience, comprising:

- 1 year post-qualification experience, and
- 1 year prior qualification experience working with vulnerable children and families

### **Desirable Knowledge**

- Up to date with evidenced informed thinking with regard to interventions for children and families on an individual and group level.
- Use of Signs of Safety as a tool for screening and assessing risk.
- Experience of Meitheal processes.
- Maintaining electronic records.

### **Qualifications**

A recognised third level practice qualification<sup>1</sup> (minimum Level 7 on the QQI) in one of the following:

- Early Childhood Care and Education
- Social Care
- Education
- Social Work
- Youth Work
- Or related discipline (Psychology, Counselling or Nursing, etc.).

### **A full driving licence and access to the use of a suitably insured car is essential.**

*Applicants must be registered or eligible for registration with CORU as a Social Care Worker. This includes those currently in the process of registration under CORU's transitional arrangements ('grandparenting route'). Candidates who meet the eligibility criteria but have not yet completed registration are encouraged to apply. However, you will be required to provide proof of registration or evidence they have initiated the application process.*

The post-holder is initially assigned to work in the Mulhuddart, Dublin 15 service but may be required in the future to work in other project(s) in the Dublin area in line with organisational needs.

**Barnardos is an equal opportunity employer.**

**We celebrate diversity and are committed to creating an inclusive environment for all.**

**Please complete the Application form on Barnardos Website to apply today!**

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<sup>1</sup> Course content should include relevant student placements