**Trainee Counsellor Placement Role Profile**

**Role: Schools Service Trainee Counsellor – Children and Young People**

**Placement location: Outreach in Schools**

**Department: Just ‘B’ Children and Young People**

**Line Manager: Alex Neville**

*Through doing your placement at North Yorkshire Hospice Care, you are supporting Children and Young People in our community who are experiencing difficulties with their emotional wellbeing. Volunteers and trainee counsellors are integral to the work of North Yorkshire Hospice Care, and we would love to welcome you to our team.*

*It is essential that trainee counsellors adhere to the role description, undertake appropriate tasks only for which they have been trained and are clear about the boundaries of this role. If trainee counsellors are unsure about any task they have been asked to carry out, they should contact their line manager for advice. This is to ensure the safety and well-being of both clients and trainees.*

**About the role:**

The Just ’B’ Schools Service provides children and young people a safe and confidential space to explore and express any emotional wellbeing difficulties they’re experiencing, within the school setting.

Trainee Counsellors are integral in helping Just ‘B’ reach more children, young people and their families. Trainees will hold one to one support sessions with children and young people. Sessions are young person led, and students will use a variety of tools and activities to encourage young people to talk, process their experiences and learn strategies to support them to manage their emotions. Trainees will hold a case load of up to 6 clients at one time, they will see 3 clients per week and offer fortnightly sessions.

Here at Just ‘B’ we have a proven track record in delivering high quality training and supervision which equips trainees to undertake direct work with our clients.

Just ‘B’ is part of the family of services operated by North Yorkshire Hospice Care.

**Key tasks:**

* To offer emotional wellbeing support to children and young people in a school setting.
* To be confident in identifying and responding to safeguarding concerns as they arise in client work. To work collaboratively with the Safeguarding Team and undertake any actions required, both internally and with Children’s Social Care.
* To work collaboratively with those as identified as important to children and young people, including, parents/carers, school staff, external professionals and organisations to enable the best possible outcomes for children and young people.
* To work collaboratively with all Just ’B’ and hospice services, external professionals and organisations to enable the best possible continuity and support for clients.
* To maintain client records on an electronic system (training provided).
* To carry out the role in accordance with the law, the Hospice philosophy (including Behaviour Framework and organisational values), and the Hospice policies on equality of opportunity and collective responsibility, and other relevant professional guidelines.

Throughout your time with us we will conduct ongoing performance reviews relevant to your role. We also undertake Safer Recruitment practices such as references, enhanced DBS checks, appraisals and regular contact meetings.

**Key skills/attributes required:**

* An interest in supporting children and young people
* Ability to be empathetic and reflective
* Good communication skills
* Basic IT skills
* An understanding of Children and Young People safeguarding
* Keen to learn new theories and direct working schills with children and young people