

Job description – Volunteer Mentor – Y’s Girls Project

Organisational details

YMCA East Surrey
YMCA Sports and Community Centre
Princes Road
Redhill
RH1 6JJ
T 01737 779979

YMCA East Surrey is a charitable company limited by guarantee and also a registered provider of social housing.

Charity registration no. 1075028
Company registration no. 03716594
Registered provider no. 4854

Post to be based at the above address.

Directorate: Emotional Wellbeing and Mental Health Service

Responsible to: Youth Action Coordinator

Responsible for: N/A

Job purpose: We are looking for volunteers who are eager to make a difference in their own community and make a difference in the life of a young person. The mentor will regularly meet up (once a week) with a young person offering a friendly ear, support and guidance and advice on making positive life choices. There will also be a need for the mentor to build a relationship with the young person’s parents/guardians, although the main focus is the young person. Full training will be given and a DBS check will be required (no cost involved).

A mentor will work with one young person for a period of 12 months building a good working relationship to support this young person to thrive.

Main responsibilities

- ▶ Attend Y’s Girls Mentoring training delivered by YMCA England and Wales as well as safeguarding and volunteer training delivered in-house by YMCA East Surrey
- ▶ To meet up regularly (once a week) with one young person over a 12 month period
- ▶ To build a good working relationship with a young person and their parents/gardians with a focus on supporting the young person
- ▶ To engage a young person in fun activities and be someone a young person feels confident in talking to and getting guidance and advise from

Discretion to act

Long-term decisions and strategic changes will be made by the Emotional Wellbeing and Mental Health Manager and Mental Health Coordinator. You will be line managed by the Youth Action Coordinator.

Relationships

The Y’s Girls Project and Emotional Wellbeing and Mental Health service is part of YMCA East Surrey’s Children and Young People’s team. Line management on a daily basis will be provided by the Youth Action Coordinator You will have monthly one to ones. The Youth Action Coordinator will help decide on your priorities and objectives.

Environment

YMCA East Surrey is an independent charity, affiliated to the National Council of YMCAs, that has been responding to local need since 1870. Our aim is to help individuals to reach their full potential, especially those who are vulnerable or face disadvantage.

YMCA East Surrey operates primarily in the area served by Reigate and Banstead Borough Council, but also offers services in Epsom and Ewell, Mole Valley, Tandridge and West Sussex. Our four main centres are:

- ▶ YMCA Sports and Community Centre, Redhill
- ▶ YMCA Sovereign Centre, Reigate
- ▶ YMCA Hillbrook House, Redhill
- ▶ YMCA Family Centre, Horley

We also run two supported move-on accommodation projects in Redhill and Merstham.

Our friendly team of over 130 staff and volunteers deliver services and projects across three main areas:

Children and Young People

- ▶ Y-Kids After School Club, Holiday Club & recreational activities incl. trampolining, gymnastics, football and dance
- ▶ Yippee and Yip4Youth short break play and youth schemes for children and young people with disabilities
- ▶ YMCA Horley Family Centre
- ▶ YMCA Pre-schools
- ▶ Y-Tots Crèche
- ▶ Early help youth work incl. youth clubs and street-based youth work
- ▶ Disability sports and social activities
- ▶ Volunteering opportunities, training and mentoring for young people
- ▶ Heads Together, free counselling service for young people

Health and Wellbeing

- ▶ Fitness gym and group exercise classes
- ▶ Disability sport sessions
- ▶ Exercise Referral for adults with chronic health conditions or rehabilitating from an injury or illness
- ▶ Health Promotion services incl. NHS Health Checks, weight management sessions and free guided health walks
- ▶ Challenge fundraising events incl. large community events such as the annual Fun Run and Santa Run

Housing Services

- ▶ YMCA Hillbrook House, supported accommodation for homeless young people incl. advice, support and access to a range of services to encourage independent living
- ▶ NextStep, a rent deposit guarantee scheme assisting families and individuals at risk of homelessness into sustainable, private rented accommodation
- ▶ Move-on accommodation for young people as a step towards independent living

Please visit our website or read our annual review for more information about YMCA East Surrey's work in the community - www.ymcaeastsurrey.org.uk

Closing date and interviews

There is no closing date for completed applications but will be assessed on receipt and interviews arranged for shortlisted candidates.



Person specification

Qualifications, training and understanding

No qualifications or training required – all training for this role will be provided but YMCA England and Wales as well as YMCA East Surrey

Experience

Essential	Desirable
Experience working with or engaging with young people	

Abilities, skills and attitude

Essential	Desirable
A good listener	
The ability to understand and talk with young people	
Be able to support young people to develop important life skills	