Job Profile Youth Engagement Facilitator

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| Reporting to | Youth Voice and Engagement Manager | Job Level: |
| Department | Impact and Improvement, People and Programmes Department | Level 2 – Service Delivery |
| Location | In schools across Brighton and Hove | |
| Contract/ working hours | This is a sessional role during Brighton and Hove School and College term time – September to July. Hours and days are flexible (to be discussed at interview) but must work within schools working hours. | |

# Where you fit

# Job Purpose

We are committed to ensuring young people have a voice in shaping the services that support them. As a member of our youth engagement team, you will be supporting us to run our Mental Health Champions project across Brighton and Hove schools and Colleges. Mental Health Champions is a youth-led project in partnership with Public Health Schools at Brighton and Hove City Council. Running since 2019, with the aim of empowering young people to tackle mental health stigma and take action to create a change in their school to support all students Mental Health. You will be planning and facilitating mental health engagement sessions for Primary, Secondary and College age children and young people. This role is Ideal for anyone who has had experience in youth participation and strives to get young people’s voices heard.

# About YMCA DLG

We help children and young people have a fair chance to be who they want to be. We do this by providing a safe home, increasing life skills and self-confidence, and improving emotional wellbeing and mental health. Each year, we support thousands of children and young people up to the age of 25 across Sussex and Surrey. We offer support in three service areas:

* Housing provision and accommodation
* Advice and guidance
* Emotional wellbeing and specialist mental health.

We are part of the YMCA Federation of England & Wales, guided by its vision: transforming communities so all young people can belong, contribute, and thrive. Rooted in the YMCA Christian ethos, we are an inclusive organisation, led by our values: *we do what’s right*, *we work with heart*, and *we build real connection*.

# Responsibilities

1. To deliver mental health workshops (in-person and online) to college, secondary schools and primary schools across Brighton & Hove
2. Facilitate face to face Youth sessions with CYP ensuring sessions are based on the Lundy model of participation.
3. Communicate with key stakeholders (SLT members, schools staff, students external stakeholders where appropriate)
4. Contribute to planning of Mental Health Champions sessions
5. To carry out administrative tasks within the team.
6. Attend planning meetings
7. Comply with all YMCA DLG policies and procedures (in particular: Safeguarding Children and Adults, and Diversity & Inclusion), and always abide by the Code of Conduct.
8. To attend YMCA DLG mandatory training and abide by our policies and procedures on Safeguarding, Health and Safety and Diversity & Inclusion
9. To attend appropriate continuing professional development and training events and be committed to team events
10. Carry out any other appropriate duties as directed by the manager to support and promote the work of YMCA DLG in accordance with the post holder’s capabilities.
11. To work flexibly to ensure cover and to take responsibility for safe delivery during periods of lone working

# Person Specification

## Experience

* Experience of working directly with young people, facilitating youth groups and/or user led projects.
* Understanding of key mental health related issues that affect young people.
* Experience of leading face to face sessions with CYP.
* Proven experience in safeguarding children and young people.
* Experience of coordinating different work streams and activities.

## Skills & Abilities

* A passion for working with and supporting young people.
* Confidence in public speaking and presenting to young people.
* A positive and motivated attitude even under pressure.
* Confidence to lead CYP sessions independently.
* Ability to adapt when CYP sessions don’t go to plan and adjust to new approaches.
* Solid organisational skills, ability to organise own workload, be a team player and meet tight deadlines.
* A desire to innovate and improve, with the ability to learn quickly in order to deliver ideas practically.
* Good IT skills

## Education and Training

**Desirable:**

* Youth Mental Health qualification
* Youth Work qualification e.g. NYW Level 2 or 3.

## Knowledge

* Understanding around safeguarding issues involved in communications (online and offline).
* Understanding of youth mental health and wellbeing.
* A good understanding of creating inclusive CYP environments which adapt to the need of participants.

## General

A commitment to the aims and values of the YMCA DownsLink Group

# Employee Declaration

I confirm that I have read, understood and agree to the expectations of the role as outlined in this job profile:

**Name: Signed: Date:**